

# After PASRR What Then?

**PASRR Technical Assistance  
Center Webinar**

**January 10, 2012**

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# PASRR

## What Is It?

- **OBRA 87**
  - Identify NF applicants & residents with MI and/or MR/DD
  - Assess to determine if:
    - NF appropriate
    - Specialized services are needed
- **Implement PAS by January 1, 1989**
  - **No rules in place (Pub. Nov. 1992)**
- **Complete RR on current residents by April 1, 1990**
  - **Alternative Disposition Plan**

# After Approval for Admission What Then?

- NF Decision on Admission: Can they meet the applicant's MH and/or MR/DD needs?
- Once admitted Federal regulations mandate that All Needs, including mental health and MR/DD needs, be addressed.
- The PASRR Level II Evaluation should play a critical role in developing the resident's care/treatment plan.
- The Level II information, and treatment outcomes, are essential to appropriate discharge planning
- If the applicant is not admitted, or is discharged from the NF, the Level II information is valuable to families and/or community or other institutional providers.

# Mental Health: A Report of the Surgeon General (1999)

*“Disability due to mental illness in individuals over 65 years old will become a major public health problem in the near future because of demographic changes.”*

David Satcher, M.D., Ph.D.  
Surgeon General

# Are Older Adults Receiving MH Care?

*“ It is estimated that only half of older adults who acknowledge mental health problems receive treatment from any health care provider, and only a fraction of those receive specialty mental health services. ”*

Source: Older Adults and Mental Health: Issues and Opportunities, AOA, 2002

# Are Older Adults Getting Services?

Despite the need:

- Only ½ of older adults with an identifiable mental health problem receive treatment from mental health professionals or primary care physicians
- Less than 3 % are treated by mental health professionals (lowest of any age group)
- While being 13 % of the US Population, Older Americans account for only:
  - 7 % of all inpatient services,
  - 6 % of all community-based mental health services, and
  - 9 % of private psychiatric care.

# Impact of “Baby Boomers” Rapid Growth 2010-2030

Nationally:

- 76 Million will reach 65 years of age
- 13 % Today
- 20 % by 2030!

# Boomers are more diverse with regard to generational cohorts:

## *A Women's Issue!*

Women average living 7 years longer

- Age 65-69 - 54 % are women
- Age 85+ - 71% are women
- 13 % are married (77 % widowed)
- More likely to live alone, be institutionalized, & suffer disproportionately from chronic disabilities, including mental disorders



# Older Adults at Greater Risk

- Persons with SMI live 25 years less!
- 20 % of persons 55 and over experience mental disorders that are not part of normal aging
- 17 % misuse and abuse alcohol and medications
- Suicide rate (65 and over):
  - Twice the National Average (21 per 100,000)
  - White Men (85+) Six Times the National Average (65 per 100,000)

# Minority Issues

- Minority Status
  - 16 % in 1998
  - 25 % by 2030
- Population Growth by Race
  - White 79 %
  - African Americans 130 %
  - Hispanic 341 %
  - Asian/Pacific Islander 323 %

# Most Common Disorders (In Order of Prevalence)

- Anxiety Disorders
- Severe Cognitive Impairment  
(including Alzheimer's disease)
- Mood Disorders (including  
depression)
- Schizophrenia and personality  
disorders are less common

# The Olmstead Decision (1999)

- U.S. Supreme Court *Olmstead v. L.C.* (1999)
- Unnecessary segregation of people with disabilities in institutions is a form of discrimination that violates the 1990 Americans with Disabilities Act (ADA)
- Includes older adults with mental illnesses
- States and communities must address the problem
- Increased DOJ emphasis: As of June 2011 DOJ has joined or initiated litigation in 25 cases in 17 states.

# Nursing Homes: Today's Mental Health Institutions for Older Adults!

- Nursing Homes: **89%** of all Institutionalized Older Adults with MI
  - 1.6 Million Older Adults are in NHs
  - 2/3 Have a Mental Illness or Psychiatric Symptoms
- State or County Hospitals (8%)
- VA or General Hospitals (3%)

# The President's New Freedom Commission on Mental Health (2002)

- **Subcommittee on Older Adults**
- **Presentation on Aging**

**Overview: Steve Bartels, MD**

**Panel:**

American Association for Geriatric Psychiatry

Older Adult Consumer Mental Health Alliance

National Association of State Mental Health Program  
Directors

National Coalition on Mental Health and Aging

# President's Commission on Mental Health

## Recommendations:

- Develop a National Leadership Partnership to improve the MH service delivery system for older adults
- Support outreach and integrated services
- Coordinate services
- Review current Medicare reimbursement policies
- Address stigma and cultural sensitivity
- Provide screening and focus on prevention

# Commission on Mental Health Recommendations

- Implement evidence-based practices
- Support mental health & aging research
- Promote wellness & recovery
- Develop workforce capacity in geriatrics
- Enhance caregiver and peer support programs



# 2005 White House Conference on Aging

- Held Once Each Decade Since 1961
- Focus on Baby Boomers!
- Limited to 50 Recommendations
- 400+ Listening Sessions
  - 73 Resolutions
- Limited to 1200 Delegates
  - Appointed by Governors, Members of Congress, Federal Agencies, National Organizations & WHCoA Planning Committee.

# The Washington Post (12/20/05)

*“...the conference produced a framework for social policies that broadened the scope of aging issues from services to support the frail to opportunities for the healthy to work and serve their communities. Delegates elevated*

***mental health***

*transportation, and long-term care as priority issues.”*

# So What's Happened? Administration on Aging

- **Older Americans Act Reauthorized (2006)**
  - First Mental Health Content
  - Authorized an AOA Mental Health Position
  - Grant Opportunities-When Funded!
  - MH Prevention and Treatment Services
  - Programs for Overcoming Stigma
- [www.aoa.gov](http://www.aoa.gov)

# Centers for Medicare & Medicaid Services

- Mental Health Parity Coverage in Medicare (2008)
- Increased Emphasis on PASRR
  - Created PASRR TA Center [www.pasrr.assist](http://www.pasrr.assist)
  - National Association of PASRR Professionals [www.pasrr.org](http://www.pasrr.org)
  - Developed State Self Assessment Tool
- Created the 1915 (i) Optional Medicaid Benefit
- Money Follows the Person Grants
- MDS 3.0 Has Increased Focus on MH

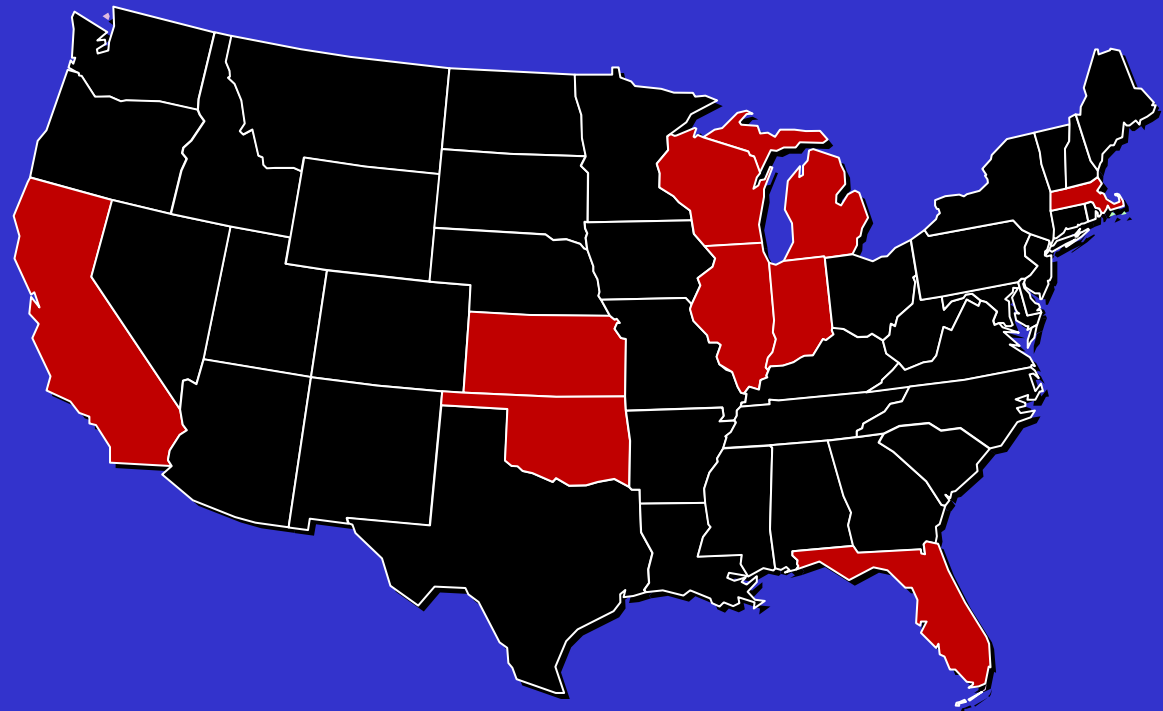
# SAMHSA / CMHS

- SAMHSA/CMHS New Role as Public Health Agency ([www.samhsa.gov](http://www.samhsa.gov))  
MH Promotion & MI Prevention!
- Promotion of Evidence-Based Practices  
[www.nrepp.samhsa.gov](http://www.nrepp.samhsa.gov)
- Support of First National Conference on PASRR (2008)
- Older Adult TCE Grants  
Implementation of Evidence-Based Practices  
Developed TA Center

# Ten TCE Grantees

## Project Areas:

- Integrated mental health and physical health care
  - Illinois, Indiana, Wisconsin
- Outreach
  - Kansas, Michigan, Massachusetts, Florida (Sarasota)
- Systems linkages (interdisciplinary care)
  - California, Oklahoma, Florida (Jacksonville)



# Centers for Disease Control & Prevention (CDC)

## Healthy Aging Program

Mental Health Conferences, Fact Sheets, Webinars, EBP Info, etc.

[www.cdc.gov/aging](http://www.cdc.gov/aging)

## Health Resources and Services Administration (HRSA)

Restored Funding for Geriatric Education Centers

[www.hrsa.gov](http://www.hrsa.gov)

# The Affordable Care Act

- Signed by President Obama on March 23, 2010
- Fully implemented by 2014
- 95 % of all Americans will be covered by insurance
- Medicaid will cover everyone below 130 % of FPL
- The “Class Act”
- Challenged in Federal Courts
- Threat of repeal



# Institute of Medicine Study

- Congress mandated a follow-up to “*Retooling for an Aging American Study*,” the 2008 report on geriatric health care workforce issues to study:
  - Mental health needs of aging population
  - Current and projected future needs
  - Growing needs of aging ethnic populations
  - Policy recommendations for meeting workforce needs
- Report and recommendations anticipated by July 2012